

Forest School: Session One 14.1.2025

Aim of Session:

To introduce the children to the forest school site and for children to learn the forest school rules through our puppet, the owl. The children had previously wrote to Goldilocks. At Forest School, Goldilocks had left the children a map showing them where they could find a letter she had wrote back. We had to do 10 jumps to the tree, step over different logs and do 30 hops around the bushes. Once we had found the letter, she asked if we could show her how to make Porridge. The children made their own Porridge and made mud so we could do some mud printing for Goldilocks too. We also played hide and seek and climbed the silver birch tree. After the session, we reflect on our experiences at base camp.

We have the right to have fun and learn in the outdoor environment.



“ Outdoors is different to 'indoors' and that is exactly why it matters to children ” - Jan White

Forest School: **Session Two** 28.1.2025

Aim of Session:

To revisit the Forest School rules. Can the children recall and remember any of these rules?

To continue mud painting—To link in Chinese New Year celebrations—Exploring Chinese writing with mud.

Use natural materials to create our own Chinese new year collage. Make our own snake using materials found at forest school i.e. sticks and leaves.



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Forest School: Session Three 11.2.25

Aim of Session: Make Heart shaped Bird Food

To continue with our Healthy Hearts learning this week, we made bird food using bird seeds and lard. We then placed this mixture into heart moulds and put it in the fridge. Once they set, we left them in the secret garden to see if we could attract any birds. We have learnt new words around wildlife such as the different types of birds e.g magpie, sparrow, blue tit etc.



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